

REINS IN MOTION NEWS

SUMMER 2020



Thank you for all of your positive feedback for the first edition of the **Reins in Motion** quarterly newsletter. Encouraged by your comments we are pleased to present our next edition!

THE SUMMER EDITION FEATURED HORSE IS.....HARRY!

Sir Harry joined the *Reins* herd in March 2012. He is 18 years old and is a stunning Haflinger. Actually his official registered name is Navigator Classic but to his friends he is Harry.



Haflingers are native to Austria and were first imported to the US in the 1950's. Haflingers with their distinctive white or flaxen mane and tail were named after the village of Hafling in the mountains of the Austrian Tyrol.

At 14.2HH Harry is the perfect guy for many of our riders, being not too tall but strong and muscular. Haflingers are known for their good character and even temperament making them perfect therapy horses.

Harry is no exception although when he is not working he can be quite the mischief. In the summer he is frequently found in the mornings without the fly mask he went to bed in. He is also a bit of a houdini and when turned out in the arena, for a run and a roll, is prone to escape to the nearest food!

Before joining *Reins* Harry was enjoying a temporary retirement while he recovered from lameness. To be honest Harry found us! He wandered over to see us, was happy to be saddled and ridden despite his life of riley. It was love at first ride and Harry has been everything we hoped he would be.



He loves to be made a fuss of and is always eager to get to work with all his human friends at *Reins*.



He wants you to know he loves carrots and his birthday is March 18th!

FEATURED VOLUNTEER – MISS BARBARA

M eet Miss Barbara, one of our Wednesday Volunteers who also helps out with the *Reins* horses at Camp Arroyo, operated by The Taylor Foundation. Barbara is an experienced horse handler and side-walker as well as being brave enough to tackle



the earwigs the rest of us avoid!

She has been with *Reins* for 3 years and prior to that volunteered at another adaptive riding facility for 4 years.

Barbara rode horses growing up in Seattle, and also has a degree in Education so has lots of valuable experience to bring to the team. She says – “When I saw on social media a call for volunteers at *Reins*, I was thrilled about the opportunity to be part of it.

I dearly love our horses and teachers, and I treasure my friendship with other volunteers although it’s our students that melt my heart. I missed them so much during the shutdown, and am thrilled to be working with them again.”

As much as we love all of the horses at *Reins*, we do all have favorites and Barbara is no exception. Harry is her soul mate around the barn, “not because of his Fabio good looks (lol) but it seems that he befriended me, so of course now we are best friends.”



When she is not helping out at *Reins* Barbara loves to travel and keeps fit by hiking regularly with her dog Daisy. She also enjoys making birdbaths from repurposed ceramics and selling them on Facebook.

A very warm and grateful welcome to our new **Reins in Motion** volunteers: Miss Rita and Miss Courtney.

Want to join the *Reins* team? Email us at info@reinsinmotionca.com

Check out the website to find out more about the different roles, horsey and non-horsey! <https://www.reinsinmotionca.com/volunteer>



NEWS FROM MISS KATY

It has been a very different summer for the team at **Reins in Motion**. Both human and horsey team members have been missing all our wonderful clients. We are very grateful to those of you who have given your time, your DIY skills and very generous donations to ensure the future of the **Reins in Motion Foundation**.

It was a relief to be able to partially open in July, while following public health guidance to prevent the spread of COVID-19. We hope to continue a phased re-opening of the programme in line with updated guidance so we can keep all of the *Reins* family of clients and their families, volunteers and staff safe.

Don't forget you can check out our Facebook Page <https://www.facebook.com/Reins-in-Motion-204976849517493/> for news on your favorite horses.

Have you seen our new website? It's not quite finished, we still have to update the horses profile page amongst other things, but we hope you agree it is a big improvement. Thank you to Janet Fazio from Janet Fazio Advertising for all her hard work on this. <https://reinsinmotionca.com/>

VOLUNTEER ROLES - HORSE HANDLER

Horse handlers are essential to ensure our non-independent riders have a great experience. Horse handlers lead the horses and help them respond to commands from riders and instructors. When you ask your horse to walk, trot or halt the handler is there to help, especially when you are just starting out.

The horse handler is focused on ensuring the horse does his job properly and safely. Although the *Reins* horses are well trained occasionally something might upset them or frighten them and the horse handler needs to stay alert to these signals and be ready to reassure the horse they are in safe hands.

Horses give off signals through their ears, eyes, mouth and posture that horse handlers stay alert to. So, it might look as if the person leading the horse is doing just that but there is a lot more to it!



Harry listening to Miss Barbara during one of his schooling sessions while *Reins* was closed.

Birthdays and Celebrations



Andrew and Moonie

HAPPY BIRTHDAY ANDREW!

Andrew turns 18 on the 21st August, he first started coming to *Reins* when he was 4 so is definitely our longest serving rider.

HAPPY BIRTHDAY MISS KATY!

Miss Katy also has a birthday in August and will be 21 😊 on the 24th August.



Katy and Julio

WAYS YOU CAN SUPPORT REINS IN MOTION:

1. Set **Reins in Motion** as your Amazon Smile Charity
2. Purchase something off our Amazon Wish List:

https://www.amazon.com/hz/wishlist/ls/3EDB8CI26MH2E?ref=wl_share

THE FALL HORSE FACT

Did you know that horses have frogs in their feet?!

Each hoof has an area which is called the frog. This is the soft sensitive triangular section in the middle you try to avoid when picking out your horses hooves to remove stones and dirt. It is important to check the condition of your horses hooves before and after you ride.

WANT TO PRODUCE FUTURE EDITIONS OF OUR NEWSLETTER?

We are looking for a volunteer to take over the newsletter. It is with much sadness that this (our 2nd Edition) will be the last newsletter I produce for *Reins* as unfortunately I am moving away. I have thoroughly enjoyed my time volunteering at *Reins* and have really appreciated everyone's friendship during the 3 years I have been part of the team. I have learned so much during this time and had lots of fun too. I will particularly miss Julio and Rony who will always have a special place in my heart. *Linda xx*